

Download The Essence Of Twelve Step Recovery Take It To Heart

Podcasts Virtual Workshops. Listen to recordings of virtual workshops on a variety of topics, including The Importance of Working All 12 Steps, OA Literature: The Heart and Soul of OA and Our Primary Purpose. Members share their experience, strength, and hope to bring the Twelve-Step program of Overeaters Anonymous to life. Narcotics Anonymous (NA) describes itself as a "nonprofit fellowship or society of men and women for whom drugs had become a major problem". Narcotics Anonymous uses a traditional 12-step model that has been expanded and developed for people with varied substance abuse issues and is the second-largest 12-step organization.. As of May 2018 there were more than 70,000 NA meetings in 144 countries. What is Al-Anon? Al ? Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. I just wanted to tell you that I've started getting ads for alcoholism recovery from Google because of you.