

Download Natural Remedies For Common Problems What Every Woman Needs To Know

We can take something as simple as taking a pee for granted. But, if we have a UTI, it feels like broken glass coming out of our poor urethra! If we treat know the signs and symptoms, we can try natural remedies for UTIs before resorting to antibiotics. Heartburn is something that most adults will experience during their lifetime. It is characterized by an uncomfortable burning sensation right behind the breastbone that often times creeps up the throat, and is a symptom more so than a disease. Thyroid problems are quite common and while they are usually controlled with medication, there are also some DIY natural remedies that could help, including these Vaginal atrophy is inflammation, dryness, and thinning of the vaginal walls. It is most common in menopause and can cause loss of libido. Some home remedies, such as using natural lubricants and ...