

Download Meditations For The Days Of Awe

The Days of Awe: Meditations for Selichot, Rosh Hashanah, and Yom Kippur by David Chevan With Frank London and the Afro-Semitic Experience When sold by Amazon.com, this product is manufactured on demand using CD-R recordable media. During the Days of Awe, we are called upon to bare our souls, to cleanse ourselves of all that is negative, of all that holds us back. We are called upon to begin anew as we start another year. The Hebrew word “shafar” means to cleanse or to beautify. Throughout these Ten Days of Awe I have ended my meditations with space for you to write your own; to write further whatever awakened within you. Each time I started with “Today I...” But this time, on the eve of Yom Kippur, I invite you to omit the “I” and to write the first few lines of your own HaYom prayer. We read in our High Holy Days meditation booklet this prayer: Now give the awe of You, Eternal God, upon all Your works, and the reverence for You upon all Your creation. These are the Days of Awe, an invitation to open to the wonder of each moment, to become increasingly aware of the Divine Presence in every experience.