

Download Group Work With Older Adults (clinical Gerontology , 3)

Risk factors for falls among older adults: A review of the literature
The current meta-analysis compared the efficacy of CBT for GAD between adults of working age and older people. In addition, we conducted a qualitative content analysis of treatment protocols used in studies with older clients to explore potential factors that may enhance treatment outcomes with this particular client group. Depressed older adults, like younger persons, tend to use health services at high rates, engage in poorer health behaviors and evidence what is known as "excess disability." Depression is also associated with suicide. Older adults have the highest rates of suicide of any age group, and this is particularly pronounced among men. This training program is intended for staff and students from many levels, disciplines, and settings (both facility and community-based), including staff involved in providing long term care (e.g., nursing staff and administrators), as well as behavioral health staff who work with older adults.