

Download Good Food Morocco Paula Wolfert

Welcome. PAULA WOLFERT, a resident of Sonoma, is the author of eight previously published cookbooks, all considered classics. Among them: *Couscous and Other Good Food From Morocco*, *The Cooking of Southwest France*, and five books on Mediterranean cuisine including the much praised *Cooking of the Eastern Mediterranean*. The impact of Wolfert's work has been felt from refined restaurants to suburban *culs-de-sac*. That any supermarket worth its 12 varieties of sea salt now carries couscous—or that duck confit has migrated from the French countryside to American kitchens—owes much to her early writings. (Djej Emshmel) Editor's note: The recipe and introductory text below are excerpted from Paula Wolfert's book *Couscous and Other Good Food From Morocco*. Moroccan cuisine is influenced by Morocco's interactions and exchanges with other cultures and nations over the centuries. Moroccan cuisine is typically a mix of Berber, Arabic, Andalusian, and Mediterranean cuisines with slight European and sub-Saharan influences., *Good Food Morocco Paula Wolfert*.

Other Files :