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2.2.. DesignThe study was a 2×4 (gender, blood type) multivariate analysis of variance (MANOVA) between-subjects design. The six continuous dependent variables were the big-five personality factors: extraversion, neuroticism, intellect (openness), agreeableness and conscientiousness, plus optimism. Find your blood glucose meter easily amongst the 440 products from the leading brands (Medisana, Abbott, Beurer, ...) on MedicalExpo, the medical equipment specialist for your professional purchases. Dr Michael Mosley, author of the bestselling 5:2 Fast Diet, reveals a game-changing approach to one of the greatest silent epidemics of our time - raised blood sugar levels. The food we eat today, high in sugar and easily digestible carbohydrates, is not only making us fat, but is putting us at risk of type 2 diabetes, strokes, dementia, cancer and a lifetime on medication. In this article, we'll cover the basics of C-peptide biology, understand what it tells you about your body's ability to secrete insulin, how it helps you understand what type of diabetes you are living with, as well as where and how to get your C-peptide tested easily.